



Sea Kayak Baja Mexico

Loreto, BCS, Mexico

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Packing List

Paddling

- 2 quart water bottle(s) or hydration system
- Sunscreen and lip protection
- Sunglasses with strap
- Strap for regular glasses
- Hat for sun
- Non-cotton long-sleeve shirt for paddling
- Quick-dry shorts/pants
- Paddle jacket
- Water shoes or sandals with heel strap
- Bathing suit

Personal

- Toothpaste & tooth brush
- Shampoo, soap (NOT Dr Bronners soap! It doesn't work in salt water. Trust us.)
- Sunscreen
- Camera
- Spare batteries for everything
- Any clothes you'd like in town
- A few Ziplock bags of various sizes
- Medications (2 sets; leave one in hotel)
- Passport
- Print-out of medical history and list of medications
- Copy of health insurance card, travel insurance contacts, emergency contacts
- Ziplock the above 3 bullet items and keep them with you
- Sense of adventure!

Camping

- Towel
- Camp T-shirt (s)
- Warm camp shirt
- Windbreaker jacket
- Long warm pants
- Socks
- Underwear
- Warm hat for evening
- Beach / light hiking shoes
- PJs
- Head lamp
- Bug repellent (rain this year = bugs)
- Sleeping bag (in compression sack)
- Therm a Rest
- Tent, bivy, or tarp (in compression sack)
- 2-3 Strings (24-36") to retrieve drybags from ends of kayak

(continued on back)

Optional

- Kayak seat pad
 - Tow belt
 - Paddling gloves
 - Comb or brush
 - Handi-wipes
 - Binoculars
 - Wetsuit for snorkeling/ rolling a lot
 - Snorkel gear
 - Fishin' stuff & lots o'luck
 - Favorite snacks
 - PFD (life jacket)
- Paddle
 - Spray skirt
 - Sarong or wrap
 - Journal, book
 - Compact beach seat
 - Duffel for carrying everything between kayak & camp
 - VHF radio/ satellite messenger
 - SMALL drybags 10L or less
 - Bug head net
 - 15% gratuity for guides
 - or 10%-15% for rental service providers